1. **Taskiye nafs Sahaba ekram ki zindagi me bhi nazar aata hai**

   (a) **Hazrat Abu Bakr رضی اللہ تعالیٰ عنہ khalifa banne ke dusre din hi tijarat karne ke liye nikle, Hazrate Umar رضی اللہ تعالیٰ عنہ ne rok liya, ke ap tejarat karenge to musalmano ke mamlat kaun dekhega, sahaba ke darmiyan mashwara hua, ke apka wazifa tai kar diya jaye, ap taiyar nahi hue, bahot samjhaya to ap mane par itna wazifa ho ke jitna Madine ke ek ghareeb ko diya jata hai**

   Wazifa me anaaj bhi milta tha, apko halwe ka bahot shoak tha, us ration me suji itni nahi milti thi ke usme halwa taiyar kiya ja sake, khuch mahine guzre, ap ek roz tashrif laye to apki zohja ne halwa paish kiya, pucha ye kahan se bana liya, bolin har mahine ki suji me se mai ek mutthi suji uthakar alag rakh deti thi, ab itni jama hogayi to maine apke liye halwa bana diya. To apne ration taqseem karne wale wazir ko bulaya aur boley ke tum ab hume jo suji dete ho usme se itni kam kar diya karo kyunki itne me hamara guzara ho jata hai

   (b) **Doare khilafat hai Hazrat Umar Farooque رضی اللہ تعالیٰ عنہ ka, ek martaba Hazrat Ali Murtuza رضی اللہ تعالیٰ عنہ milne ko aye, Hazrat Umar رضی اللہ تعالیٰ عنہ ittefaaq se khana kha rahe the, farmaya, ap bhi mere saath khane me shamil ho jaiye, Hazrat Ali رضی اللہ تعالیٰ عنہ ne farmaya mai ghar se farik hokar aya hun, ap smenan se khayen, achanak Hazrat Umar رضی اللہ تعالیٰ عنہ ke dil me khyal aya, pucha Hazrat Ali رضی اللہ تعالیٰ عنہ se, ai Hasan ke walid, Allah ne apko hiqmat aur danai ata ki, ap mere liye koi nasihat farmayen aur meri zaat me koi aib ho to usey byan kar dain taki mai usey durust kar lun.**

   Hazrat Ali رضی اللہ تعالیٰ عنہ ne kaha, khuda ki kasam maine ap me koi aib nahi dekha, kaha aisa to ho nahi sakta, kyun ki Nabi ke alawa koi aisi makhluk nahi jisme koi khaami na ho, ap Umar رضی اللہ تعالیٰ عنہ ne zid kari, Hazrat Ali farmate hain, ke Ameerul Momeneen jab ap itna israar kar rahe hain to maine ek aib zarur dekha hai, ke apke dastakhaan me 2 kism ke saalan dekhen hain aur mere nazdeeq jab 1 saalan me guzara ho sakta hai to ye 2 saalan ka hona fuzul kharchi ke dairey me aata hai, apne jaise suna roney lagey aur apne farmaya ke mai wada karta hun ke Umar ke dastakhaan me 1 saalan ke alawa dusra saalan nahi hoga.

(c) Jab Hazrat Ali رضی اللہ تعالیٰ عنہ khud khalifa bante hain, ek sahaba apse mulaqat ke liye pahonchte hain, Ramzan ka wakht tha, un sahabi ka byan hai ke jab mai pahoncha to sehri ka wakht ho gaya, un sahabi ka maqsad dekhna tha ke Hazrat Ali رضی اللہ تعالیٰ عنہ sehri me khate kya hain, sahaba ne kaha ke Huzur ap sehri kar lain, kahin aisa na ho guftagu me sehri ka wakht na nikal jaye.

Hazrat Ali apne hujre me gaye aur bahar aye to unke haath me ek potli thi, uska mooh rassi se bandhi hui thi aur uspar seal aur mohar lagi hui thi, sahaba ne pucha aisa isme kya keemti cheez hai, dekha aur mai hairan ho gaya maine dekha ke usme sattu the, maine pucha Huzur apne isme aisi seal aur mohar aur sakhti se bandha aisa kyun. Farmaya, ke Hasan isme ghee mila diya karta hai aur maine ghee ko apne upar haraam kar liya hai, ye to ameero ka khana hai.

2. **Raawi kehte hain, ke ek martaba maine Hazrat Ali ko dekha, sardi ka din hai, ap aasmaan ke niche khare ho kar apni daari ko sehlate hain ungli karte hain, aur farmate hain, "ai duniya, ai duniya, ai duniya, maine tujhe talaq di, talaq di, talaq di, aur tujhko maine apne upar haraam kar liya, aur aisi talaq jisse ab rijat nahi ho sakti, dubara usse ruju nahi kiya ja sakta"**

3. **Duniya murdar hai aur iske talab karne wale kutte ke manind hai:**

Hadees: Mustafa ﷺ ne farmaya duniya murdar hai aur uske talab karne wale kutto ke manind hain, kyun ke kutte murdar shaih pe lalchate hain, raghbat karte hain

Sahi Muslim ki Hadees hai:

Huzur ﷺ ka guzar ek khachre ke dhair ke paas se hua, Sahaba ekram saath me hain, dekha ke khachre ke dhair par ek mari hui bakri pari hui hai, uspe keerey par gaye hain, usko kutte noach rahe hain, khuch kawwaiy urte hue aate hain, uska gosh nochte hain aur ur jaate hain, ussey badbu nikal rahi hai, sahaba ne apne rumalo ko liya aur apne naako par rakh liya

Huzur ﷺ ne farmaya, tumme se koi jo is bakri ko apney ghar le jaaye, arz kiya, ye to murdar hai, isme se badbu aa rahi hai, ye to khaney ke laik bhi nahi, hum isey ghar le jakar kya karenge, farmaya, ke koi tummse se issey raghbat nahi rakh raha hai

bulke nafrat kar raha hai aur tumne apni naako pe kapra laga liya hai, khuda ki kasam, duniya Allah ke nazdeeq is murdar bakri se bhi zyada gayi beeti hai, aur wo log jo duniya ki talab me marte hain unka hashr wo hai ke goya is murdar bakri ko jaise kutte noch rahe hain unki kaifiyat bhi in kutto ke manind hain

4. **Duniya ke taraf jo ye raghbati hoti hai Nafs ke wajah se hoti hai, aur jab Sufi apne Nafs ko kucha deta hai uska Nafs murdar ho jaata hai aur jaise uska Nafs marta hai duniya se uski raghbat kum hone lagti hai**

   Wakiya: Hazrat Shibli رحمة الله عليه Sarkar Ghous e Azam ke dada peero me hain, ap ek ilake me tashreef le gaye, us ilake me ek wali the, apne mureed ko bulaya, bole ke tum me se koi unke paas jaye aur unko meri dawat de ke aaj dopaher ka khana wo hamare saath khankha me khayen, mureed ne pucha ye kaun hain, apne bataya ke ap apney wakht ke bahot bare wali e kaamil hain

   Do mureed pahonche dekha ke libaaz is tarah ka pehne hue the ke koi hosh hawaas nahi, ek juzt ki kaifiyat taari hai aur 2 kutte hain jo zanjeero me bandhe hue hain aur unki lagaam inke haath me hai, bara ta'ajjub kiya, ye kaise wali ho sakte hain, Allah ke Nabi ne farmaya, kutta palna jayiz nahi, jis ghar me kutta ho us ghar me rehmat ke farishte nahi aate, pahonche, salaam kiya, paigham diya. Hazrat Shibli رحمة الله عليه ne farmaya, ke hum dawat ek shart par qubul karenge, wo ye hai ke dawat me ye 2 kutte bhi hamare saath ayenga

   Mureed Peer Sb ke paas pahonche, Huzur wo shaks to hame wali nahi malum hota koi pagal maskara malum hota hai, khamosh tum kya jaano Shibli ka maqaam kya hai, dawat to qabul ki par shart rakhi ke kutte saath me ayenge, acha jao keh do hame manzur hai, mureed wapas aye Hazrat Shibli ke paas, boley, ke hamare peer ko apki shart manzur hai, farmaye, hum to ek baat kehna bhul hi gaye, jao apne peer se kaho ke kutte ayenge aur hamare saath dastakhaan me baith kar khana khayenge, ijazat le le pehle. Mureed hairan, ke ajeeb wali hai, ke kutto ko lekar ghumte hain pehli baat, dawat me lata hai dusri baat, dastakhaan pe baith kar khilayenge teesri baat, mureed apne peer sb ke paas pahonche, nayi shart batayi, peer boley, ke jaa kar keh do ke hame manzur hai.

Maulana Rum farmate hain, wali ko wali pehchanta hai, ya to wali se mohabbat rakhne wala pehchanta hai.

Dopaher me Hazrat Shibli رحمة الله عليه pahonche, peero murshid ne barey lazeez khano ka intezaam kiya, dastakhaan lagaya gaya aur pakwaan chun diye gaye, Hazrat Shibli رحمة الله عليه baith gaye, ek taraf ek kutta aur dusri taraf apke dusra kutta, ap lamba kurta pahente the, kurte ki aasteen itni lambi hoti thi ke usme koi cheez daal lain aur phir usko baandh lete the, apne usme se ek sukhi hui roti ka tukra nikala, paani ka pyala liya, aur us paani me dubake khate the, dastakhaan se koi cheez nahi kha rahe hain, balke wo lazeez cheez uthate the aur kutto ko apne haath se khilate the, lo khao, ab kutte khuch khaye aur khuch giraye, phir jab na khaye to kutto ko maarte, dattey, ke kha kambakht, khata kyun nahi

Khana ho chuka, dast bosi ki, musafa hua, peer sb se kaha apka bahot bahot shukriya apne dawat ki, apke dastakhan ka paani mujhe bara acha laga, unhone bhi kaha ke shukr guzar mai hun jo apne zehmat uthayi aur meri dawat qabul ki, dono galey miley, juda hue, chale gaye.

Mureed hairan, ye kaun sa Allah ka wali jo aya dawat me par dawat ki ki koi cheez khaya nahi, dawat ki cheez kutto ko khilaya wo bhi thoos thoos ke, mureedo ne peer se pucha ke mamla kya hai. Peer sb ne bataya, jo tum kutte dekh rahe the wo zahiri kutte nahi the wo Shibli ka apna Nafs tha, aur Shibli ne apne Nafs ko aise aise maara ke apne jisme se nikal kar kutta banakar apne taabey kar liya, to khud to roti khaa rahe the aur Nafs ko wo lazeez khana khila rahe they.

5. <u>"Duniya murdar hai aur uske talab gaar kutte hain"</u>
Jab tak hum me Nafs hai, hamari misaal us duniya daar kutto ki tarah hai, jab hum Nafs ko maar dete hain yani humne goyah kutte ko maar diya, to dusre lafzo me, tab hum duniya se nafrat karte hain aur phir Allah ke taraf ruju karte hain"

(a) Hazrat Bayazid Bastami رحمة الله عليه Sarkar e Ghous e Azam ke bahot pehle ke buzurg guzre hain, ap ek martaba apni basti ke kassab ke paas aate hain jo gosh bechta hai, kaha ek bara sa gosh ka tukra mujhe de do, kassab ne behtarin gosh ka hissa qata aur apko de diya, apne rakam ada ki aur gosh ko lekar chal diye, ke tabhi kassab ne

apne ghulam se kaha ke jao Bayazid ka picha karo, aur dekho ke ye gosh ke saath karte kya hain, Huzur mai samajh nahi, gosh le ja rahe hain, ghar jakar paka kar khayenge. Kassab bola, tum samjhe nahi, aaj tak Bayazid ne gosh nahi khareeda hai phir aaj isne gosh liya mai hairaan hun ye gosh ka karna kya chahta hai

Khadim piche gaya, dekhta hai ke Bayazid ek jungle me pahonche, ek chattan par jakar wo gosh ka potla nikala aur chattan par us gosh ke lothre ko rakh diya, baar baar gosh ko dekhte hain, jumla farmaya, phir wahan se hat gaye, " ai nafs, 40 saal ka arsa ho gaya, mai tujhe is gosh se mehrum rakhe hue hoon, 40 saal se tu mujhse keh raha hai ke gosh khana hai aur 40 saal se mai tujhe maar raha hun, ai gosh aj tu itna talib ho gaya ke majbur hokar mujhe kassab ke dukan jana para, lekin khuda ki kasam mai teri khawish puri nahi hone dunga, maine tere kehne par gosh to kharid liya, lekin mai isey tujhe nahi khilaunga taki tu isey dekh ke tarpe zalil ho"

"Insaan bhook ke zariye jab apne Nafs ko kuchalta hai, khawishaaten khatam hoti hain, ghamand tutta hai, ghurur girta hai aur uske andar ajezi aur inqesari ati hai"

6. **Bayazid Bastami رحمة الله عليه ek martaba bahot pyara jumla farmate hain. Ai logo jante ho, Firon aur Namrud ne khudai dawey kyun kiye. Logo ne kaha ke batayen iski kya hikmat ap byaan karte hain, farmaya, "Namrud aur Firon me khudai dawey sirf isliye kiye ke khuda ki kasam ke unka paith bhara hua tha"**

7. **Insaan ka jab paith bhara hota hai tabhi usey shararat sujhti hai, Nafs ubharta hai, lekin jab insaan bhook ke zariye jab apne Nafs ko kuchalta hai, khawishaten khatam hoti hai, ghamand tutta hai, ghurur girta hai, tabhi uske andar ghurur aur ghamand ke bajari ajazi aur inqesari dakhil hoti hai**

8. **Imam Ghazali رحمة الله عليه farmate hain,"tere liye kafi hai ek roti aur ek pyala pani puri ek din me jo teri kamar ko seedha rakhe taki tu Allah ki ibadat theek se kar sake"**